



UNIFORM / EQUIPMENT POLICY

Equipment issued to each participant will be as follows:

FOOTBALL

- (1) Helmet
- (1) Set of Shoulder Pads
- (1) Pair of BLACK Integrated Practice Pants
- (1) Pair of RED Integrated Game Pants
- (1) Set of Jerseys (1 red home and 1 white away jersey) - included in registration fee

Parents are responsible for athletic supporter (i.e. cup), mouthpiece (cannot be clear or white and must attach to helmet), football socks (must be white calf length football socks), and approved **football** cleats (per MYFL guidelines).

CHEERLEADING

- (1) Two-Piece Uniform (vest and skirt)
- (1) Pant Set Warm-Ups – included in registration fee

Parents are responsible for white unitard, socks, red briefs, white athletic shoes (in good condition), clear button front raincoat and hair bows. **Girls are not allowed to wear makeup.**

POMS

- (1) Performance Uniform – included in registration fee
- (1) Set of Poms – included in registration fee

Parents are responsible white turtle neck long sleeve shirt, white socks, white athletic shoes (in good condition), practice shoes (i.e., jazz shoes), and make-up

FLAG

- (1) Reversible Jersey – included in registration fee

Parents are responsible for Mouth-Guard (Cannot be clear or white), Black shorts or pants

FLAG CHEER

- (1) Two-Piece Uniform (vest and skirt)
- (1) Set of Poms – included in registration fee
- (1) Pant Set Warm-Ups – included in registration fee

Parents are responsible for white unitard, socks, red briefs, white athletic shoes (in good condition), clear button front raincoat and hair bows. **Girls are not allowed to wear makeup.**

***Football Players, Cheerleaders, & Poms must be in full uniform to participate during games.*

***All equipment and/or uniforms must be returned prior to the date of team banquet in order to attend the banquet.*